

SEPTEMBER 22, 2011—SAVE-THE-DATE

NORTHERN VIRGINIA REGIONAL CONFERENCE

(IN HONOR OF OLDER VIRGINIANS MENTAL HEALTH MONTH)

THE HIDDEN EPIDEMIC: ALCOHOL, MEDICATIONS & THE OLDER ADULT



CONFERENCE KEYNOTE SPEAKER

Kristen Lawton Barry, Ph.D.

Research Professor, University of Michigan

Associate Director, SMITREC,
Department of Veterans Affairs

Dr. Barry will offer best practices for the treatment of substance abuse disorders in older adults during the morning session of this conference. A research professor in the Department of Psychiatry Addiction Research Center at the University of Michigan, Dr. Barry's research areas of focus include:

- Alcohol use in older women and related mental health issues;
- Alcohol problem detection and brief alcohol interventions in ambulatory care settings; and
- Relationships between substance abuse, mental health and physical health functioning.

Dr. Barry is also associate director of Veterans Affairs' National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC). She served as national chair of SAMHSA's (Substance Abuse and Mental Health Services Administration) Treatment Improvement Protocol (TIP #34) series, and is co-author of the book *Alcohol Problems in Older Adults: Prevention and Management*.

DATE & LOCATION

September 22, 2011

8:15 a.m.–4:15 p.m.

Fairfax County Government Center
12000 Government Center Parkway
Fairfax, Virginia 22003

CONFERENCE DETAILS

COST: \$20 if registered by August 22, 2011
\$30 after August 22, 2011

REGISTRATION DEADLINE:
September 8, 2011. A fillable PDF registration form will be posted on alcoholandaging.org soon.

CONTINUING EDUCATION:
CEUs are being pursued through George Mason University. Contact hours will be provided by Alexandria CSB.

TARGET AUDIENCE: Professionals or volunteers working with older adults, including social workers, therapists, nurses, substance abuse counselors and physicians. Caregivers, family members and advocates are also welcome.

FOR MORE INFORMATION:
Contact Regina Whitsett, 804-213-4445.



Hosted by the Region 2
Geriatric Mental Health Team